

New!

Advanced Treatment for Parkinson's disease – We have specially trained therapists, certified in the LSVT BIG™ and LOUD™ programs to assist those experiencing the effects of Parkinson's disease. Techniques are designed to help improve patients' movements and communication skills.

Fall Prevention Programs – Have you experienced a fall, or do you have concerns about falling? We offer therapy programs with a focus on improving balance and strength, such as the Otago™ Fall Prevention program. In addition, we provide community fall prevention classes including "A Matter of Balance™" and Tai Chi for Arthritis and Fall Prevention™. **Please contact us at 941.745.7559 for more details or to register for upcoming classes.**

Lymphedema Management – Our specially trained and certified lymphedema therapists will design a program specific to you to help reduce and control your swelling. This may consist of a combination of manual techniques, compression therapy, bandaging, exercise and patient/family education.

Vestibular Therapy – Do you have vertigo, dizziness or difficulty with balance? Our specially trained vestibular therapists provide specific treatment strategies to reduce or eliminate your symptoms and return you to an active lifestyle.



PHYSICAL MEDICINE DEPARTMENT

AT MANATEE MEMORIAL HOSPITAL

206 Second Street East
Bradenton, FL 34208
941.745.7550

Located directly on the MMH campus



Rehabilitation and Sports Medicine Center

A Service of Manatee Memorial Hospital

8770 East State Road 70
Bradenton, FL 34202
941.745.7559

*Located off State Road 70 -
in the Ranch Lake Plaza*

Physicians are on the medical staff of Manatee Memorial Hospital, but with limited exceptions, are independent practitioners who are not employees or agents of Manatee Memorial Hospital. The hospital shall not be liable for actions or treatments provided by physicians. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 21285050-289041 7/21

Outpatient Rehabilitation Services



Manatee

Memorial Hospital

manateememorial.com



Which type of therapy is right for you?

Physical therapy

Physical therapists can help improve strength and flexibility, reduce pain and decrease fall risk. The goal of the therapist is to improve functional independence. Treatment sessions are hands-on and focus on manual techniques and exercises to help improve movement and reduce pain.

Occupational therapy

Occupational therapists help teach you the skills you need to care for yourself with the goal of returning to productive living following surgery, injury or other condition. The occupational therapist focuses on activities of daily living and functional skills to help improve the quality of your life.

Speech therapy

Speech Language Pathologists can help you with problems involving swallowing, speech and language. Our therapists work with you and your family to help you regain your ability to speak and/or swallow after stroke, throat surgery or other conditions which affect speech and language.

Specialty Therapy Services

Advanced Spinal Care – Our therapists have advanced training and certifications, including the McKenzie method in assessment and treatment of spinal conditions. If you suffer from neck or back pain or have had spinal surgery, therapists will design a specific program for you to reduce your pain and assist in your recovery.

Certified Hand Therapy – Specialized therapy following injury or surgery to your hand, finger or wrist. Treatments may include: specific exercises, splinting, manual techniques and pain management to help you return to your prior level of activity.

Neuro Rehabilitation – If you have experienced a stroke or other neurologic condition, our therapists will work with you to help you regain as much independence as possible.

Orthopedic & Sports Physical Therapy –

We treat a variety of orthopedic and sports related injuries and post-operative conditions, such as joint replacements. Our focus is to help you to return to an active lifestyle and to performing at your best.

Return to Golf Programs – Our TPI-certified (Titleist Performance Institute) therapist can assess your golf swing and pinpoint swing faults that may lead to problems or re-injury. You will also be instructed in corrective exercises to help you return to the course as safely as possible

Wound Care Management – Specially trained therapists will help to cleanse and dress your wound to assist with healing. Once your wound has healed, special garments and techniques may be recommended to minimize scarring and prevent loss of mobility

Post Rehab Fitness Programs –

Once recovered, we can help you maintain your gains and transition back to the fitness activities you enjoyed prior to your illness or injury by designing a fitness program just for you. You are able to continue your independent fitness program at our Rehabilitation & Sports Medicine Facility for a small monthly fee.

Get the therapy you need.

Do you have functional limitations or pain that compromises your quality of life? Get the therapy you need from our exceptional team of rehabilitation specialists.

Manatee Memorial hospital provides Physical Therapy, Occupational Therapy and Speech Therapy to help patients restore and improve function after injury, surgery or to recover from painful episodes.

We have two locations in Bradenton:

PHYSICAL MEDICINE DEPARTMENT AT MANATEE MEMORIAL HOSPITAL

Located directly on the MMH campus at:
206 Second Street East
Bradenton, FL 34208
941.745.7550

Services offered

Physical, Occupational and Speech therapy;
Certified Hand therapy; Wound care
Located directly on the MMH campus

Rehabilitation and Sports Medicine Center A Service of Manatee Memorial Hospital

Located off State Road 70 - in the Ranch Lake Plaza
8770 East State Road 70
Bradenton, FL 34202
941.745.7559

Services offered

Physical therapy; Return-to-Work and Sports Rehabilitation; Vestibular Therapy; Lymphedema Management; Post-Rehab Fitness Programs

