

Preoperative Educational Class for Surgical Weight Loss Program Patients Fridays at 2 p.m.



Meet at the Manatee Memorial Hospital Outpatient Services Center Reception Desk

250 Manatee Ave East, Bradenton, FL 34208

Stella Nichols, surgical weight loss coordinator will be there to greet you.

This class provides important information to help patients understand what to expect before, during and after their weight-loss surgical procedure. Family members and caregivers are strongly encouraged to attend.

Classes will address:

- Review of surgical procedure
- Pre and postoperative diet
- Preparation for surgery
- What to expect during hospitalization
- Potential postoperative complications
- The importance of follow up
- Postoperative medications

Registration Information

Your surgeon's office will schedule you for this class. When you arrive for your appointments please park in the Outpatient Services Center parking area, next to the hospital.

If you are also coming to a Preadmission Testing appointment, **please arrive 15 minutes before** your scheduled appointment. You will need to register in the Outpatient Services Center first.



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Surgical Weight Loss Coordinator

Please call Stella Nichols, BSN, RN, CBN, at 941.708.8055 or email her at stella.nichols@mmhhs.com with any questions.

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